

Employee Welfare

How we have engaged with, and provided for, our colleagues since 1884

1884

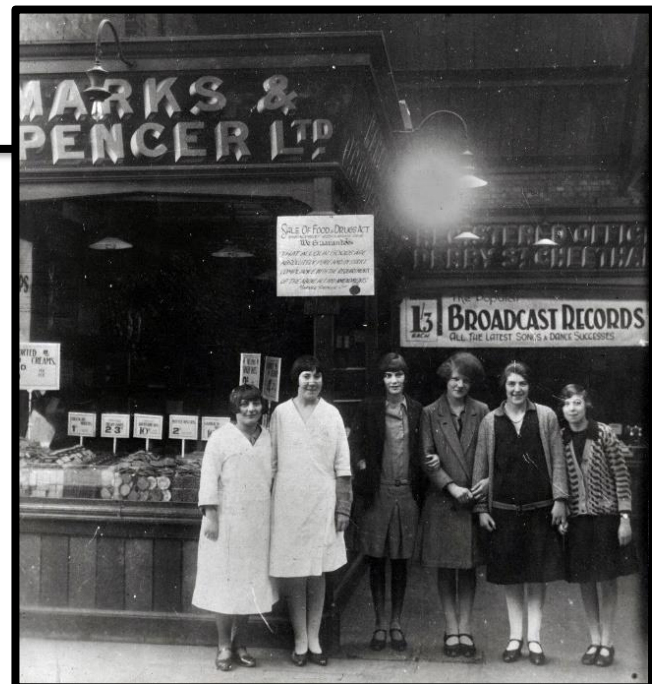
As Michael Marks expanded from his first market stall in Leeds, opening stalls in other market towns, he employed female assistants to staff the stalls. He put up wooden platforms for the women to stand on in the market halls so that their feet wouldn't get cold. He shared food and gave them Christmas presents. As he started to move from market stalls to Penny Bazaar shops, he provided gas rings on which the assistants could heat their lunches.



Oldham Street store team, Manchester 1898

1909

The first official staff training role was given to a Miss Gibbs as 'travelling manager'. Her role was to train a number of assistants to become staff manageresses as the positions came available.



Bedford store team, 1909



Harrogate store team, 1929

1918

The first recorded Long Service Award was given. A colleague who has worked for the company for 25 years was given a gold watch and a cheque for £200.

1933

Simon Marks met Flora Solomon at a dinner party – she was interested in the welfare of M&S colleagues and challenged him to do more for his staff.



Flora Solomon

1933

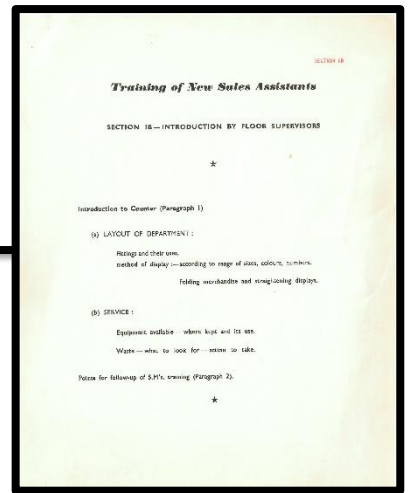
Flora Solomon established the new, revolutionary M&S Staff Welfare Service. Under her guidance, the Service introduced a health and dental service for colleagues, camping holidays, subsidised staff canteens, hairdressing, sports clubs and colleague rest rooms. The welfare scheme became one of the best examples of staff welfare in the UK.



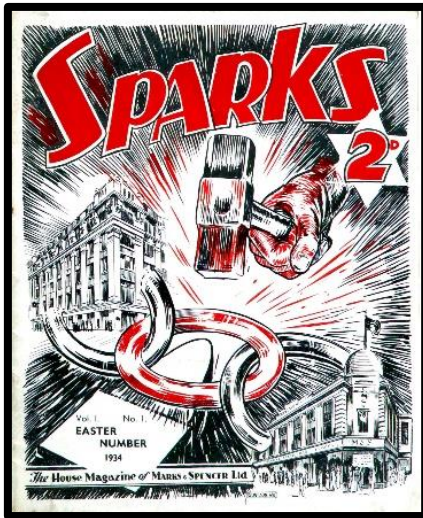
Employees at Dymchurch Holiday Camp, 1930s

1934

A Training Department was created. In an article in the company magazine, Flora asserted that 'training for the job is an essential part of any welfare scheme'.



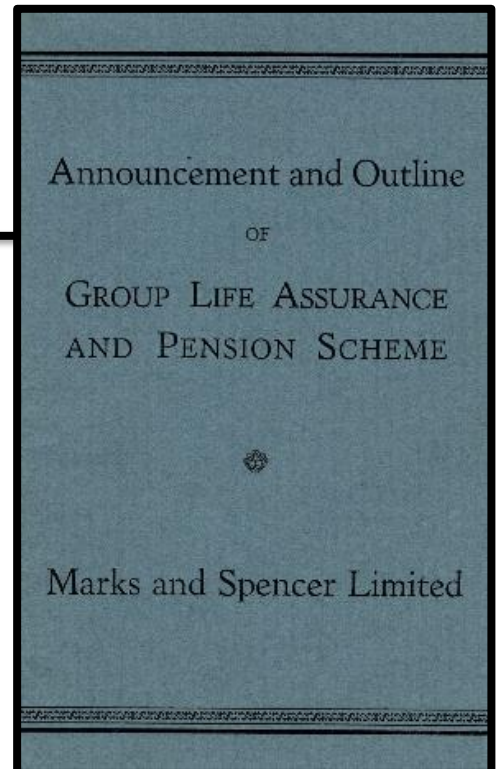
Training document, 1930s



First 'Sparks' magazine, 1934

1934

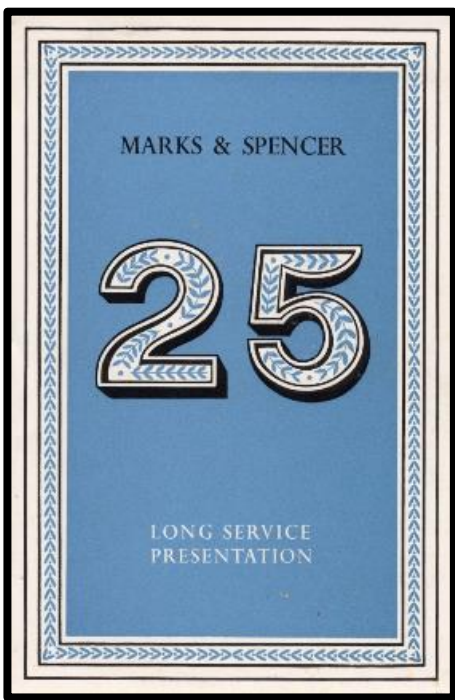
'Sparks' was launched as a colleague magazine. It gave an overview of colleague activities, reports on company news and created a collective colleague community.



M&S Pension booklet

1936

An M&S pension scheme was introduced alongside the M&S Benevolent Trust, which provided retirement benefits for those people outside the pension scheme.



25 Year Long Service booklet

1937

The Long Service Awards were officially launched. During this year, 29 colleagues completed 25 years' service, and were invited to Head Office for lunch and a cocktail party. The ladies were given a silver coffee service, and the men a gold watch.

1939

Chiropody services were provided for colleagues at subsidised prices. Chiropody was charged at the rate of one shilling per foot! Alongside our health and dental services, this helped M&S to care for colleagues' health, a decade before the creation of the NHS.



M&S colleague chiropody service

HEALTH & BEAUTY

THERE is one vitamin for which we need not pay. This is provided for us by the sun, but not the sun which shines through the smoky and dusty air of the cities. You must get away from the town to get the full benefit of it. Perhaps you will decide to start sunbathing this Summer. It is the best stimulant you can get and makes the skin more beautiful than any Beauty Specialist will ever succeed in doing. Sunbathing should be gradual, five minutes to start with, and then slowly increasing. Your skin should be well

bathing. For exercise and enjoyment this is almost unequalled.

If you refuse to join in out-door life, which is essential to good health and looks, at least join the health exercises arranged by the store for you.

These exercises give, and regain, elasticity and natural grace, thus freeing your body of stiffness. Don't be shy, if in the beginning you do not succeed; remember that only the teacher watches you, the others are all busy with their own exercises. Remember, your face

Sparks magazine, Summer 1937

c1940

'The Rules of Health' was a booklet produced by the Staff Welfare Department promoting healthy living, including advice on food, care of the body, clothes and medicines, as well as information on National Health Insurance.

Second World War

Before the war broke out there were 465 trainee male managers at M&S - after the war started there were just 17. Enlistment meant that more women were given new opportunities and were being promoted to management level, working alongside men in making management decisions.



Bognor Regis team, 1940



Ealing Cafe bar, 1940

Flora Solomon was the driving force behind the government-sponsored British Restaurant system, which provided cheap, hot and nourishing meals for people disadvantaged by the war, including M&S colleagues. In 1946 Flora was awarded the MBE for her welfare services.

1940s

During the war M&S continued to promote women in the workplace. This 1940s job advert shows how M&S placed value on women as an important part of the workforce.



Job advert, 1944



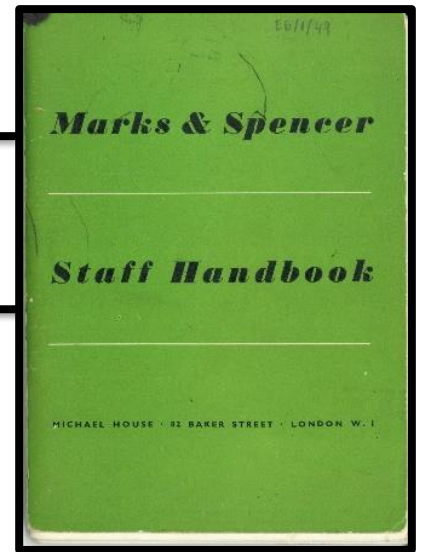
St. Michael News, June 1953

1953

Colleague magazine St Michael News was introduced. The magazine included details of current M&S products and fashion trends, as well as information on stores and colleagues.

1957

By 1957 over £35 per person was committed to staff welfare per year. Over £800,000 was spent on staff quarters, subsidised meals, health services and sport and social opportunities.



M&S staff handbook, c1950s

1965

M&S introduced free cervical screening for women over the age of 35, extended to women over the age of 25 in 1967. Screening was not yet available on the NHS.



M&S colleagues, 1971

1976

M&S became the first company in Europe to introduce a mobile breast screening unit which visited stores nationwide. Female colleagues were still able to access this service for free at a younger age than was available on the NHS.

—pioneering
the first mobile
breast cancer
screening

When did you last examine your breasts? No, we're not being funny. We are being perfectly serious. And if your answer is a stifled smirk, then you're the one who's not being clever.

Lumps can develop very quickly. In most cases they are perfectly harmless. But statistics show that one in 10 leads to cancer, and that's no laughing matter.

This year some 2,000 women will be killed on the roads. But believe it or not, some 11,200 will die from

of reducing the very high mortality rate as by detection in the early stages. And it was with these facts in mind that M & S have mounted a mobile breast screening unit for female store staff and the wives of warehouse staff. In fact we are making medical history because this is the first mobile screening unit of its kind in Europe. It is beautifully decorated and has a small waiting room where women may sit and relax through a window.



Mobile breast screening unit, July 1976



M&S Leeds slimming club, 1984

1980s

During the 1980s slimming clubs were set up to help M&S colleagues develop a staff community around healthy living.

New benefits from Marks and Spencer

PARENTS
WORK
CHILD



FAMILY CARE POLICY

HELPING YOU TO COMBINE WORK WITH CARING

Family Care Policy booklet, 1995

1995

A new Family Care Policy was launched to help support colleagues with family and caring priorities. It included longer maternity leave and also paternity leave, part-time work options and dependency leave.



Pregnant employees, 1999

1999

M&S was selected as the flagship company for a leading UK charity on pregnancy health. We were selected for our pregnancy accreditation programme, excellent working conditions and policies for pregnant colleagues.

2004

The Marks & Start initiative is the biggest company-led work experience programme in the UK and Ireland.

Marks & Start helps disadvantaged people who may be disabled, homeless, lone parents or young and unemployed to find work experience placements to help them into long term employment.



Marks & Start logo

2006

M&S was voted one of the top 50 places to work in the UK in the Best Workplaces Awards 2006. We also received a special award for commitment to Corporate Social Responsibility, especially for the success of the Marks & Start scheme.



Employee at work, 2006

2007

Plan A was launched and included the award-winning Your Plan A Wellbeing website offering free health and lifestyle advice, access to healthcare services and health challenges.

Today M&S colleagues can also access a free physiotherapy service, free confidential 24/7 helpline and counselling and access to an in-house occupational health service.



Plan A, 2007

2012

In 2012 M&S was named Responsible Retailer of the Year at the World Retail Awards 2012 for the third time (previously in 2011 and 2007).

The award was given to M&S as a company which delivers 'world class standards of best practice in corporate responsibility', this included the way that M&S engages with its employees.



Your M&S, 2012

2011-2017

We've been recognised in The Times Top 50 Employers for Women since 2011 and were one of only a few retailers to achieve this. M&S has worked to drive gender balance at management levels, including the M&S Inspiring Women Network.



The Times, 2017

2017

2017 saw the first anniversary of our Be Yourself campaign aimed at celebrating colleague individuality.

We also recognised National Inclusion Week and World Mental Health Day. Our diversity and wellbeing teams joined forces to encourage people to talk openly about issues that are sometimes hard to approach.

Be Yourself

2017

The Buddy Network was established with the aim of giving colleagues with health conditions the chance to share their journeys and support each other's wellbeing. The group meets regularly for Coffee & Chat sessions.



Buddy Network

2019

Our LGBTQ+ network helped M&S celebrate Pride events across the country, with store windows decked out to match our 'Be Yourself' theme. Groups of M&S colleagues took part in Pride parades in London, Leeds, Glasgow, Cardiff, Manchester, Chester and Liverpool.

Pride, Cardiff 2019

M&S
DARE *TO be yourself*



2020

Throughout the COVID-19 pandemic, we supported colleagues in all sorts of ways, from managing pay for self-isolating colleagues, supporting furloughed colleagues and providing equipment to support safe working.



Working safely, 2020



Neonatal leave, 2023

2023

We announced our new Neonatal Leave which gives extra support to families of premature babies, including up to 12 weeks paid leave for parents whose baby requires specialist neonatal care.